

Learning Objectives



- Identify the Two Principles of Parakalein:
Alongside of and Loving Care towards All
 - Identify the Two Responses to Conflict:
Control over vs release of the need to control
 - Learn the Two Characteristics of Parakalein Presence:
“Being with” without judgment, Being Authentic without imposing
 - Learn to differentiate between morality and Ethics: The
Black and White of Attitudes not Behaviors
-

Parakalein of God and Clinical Practice

Blending the diversities of life and concepts into a universal axiom of love and care the generates affirmation and validation to all.

Parakalein Defined

Parakalein (*a Greek word meaning “called alongside of”*) invites people to come alongside each other with acceptance rather than judgment embracing all opposite realities as of equal value propelling a window of hope into the polarizations of opposites. The polarizations that paralyze become the propellants of hope. They form a catalyst for a synergy of presence that is not power driven but respect driven.



PARAKALEIN AND SOCIAL WORK

Client right to self-determination

- *Humankind's right to make free choices which are respected and cared for by the creator.*
- *Connection of compassion is more important than the correction of behavior*

Client's right to advocacy for personal empowerment – the power perspective

- *Humankind's responsibility to have and develop a healthy internal power source that calmly and compassionately responds to all diversity with the synergy of care.*



DESCARTES REFRAMED

“I think therefore I am”



Becomes:



“I am therefore I am”- Self-definition and Self-identity
inherent

GHANDI REFRAMED



- An eye for an eye results in a blind world



Becomes



- An eye for an eye results in everyone in the world seeing the world through one eye which perpetuates a “I win”, “You lose” conflict that perpetuates violence in the world.

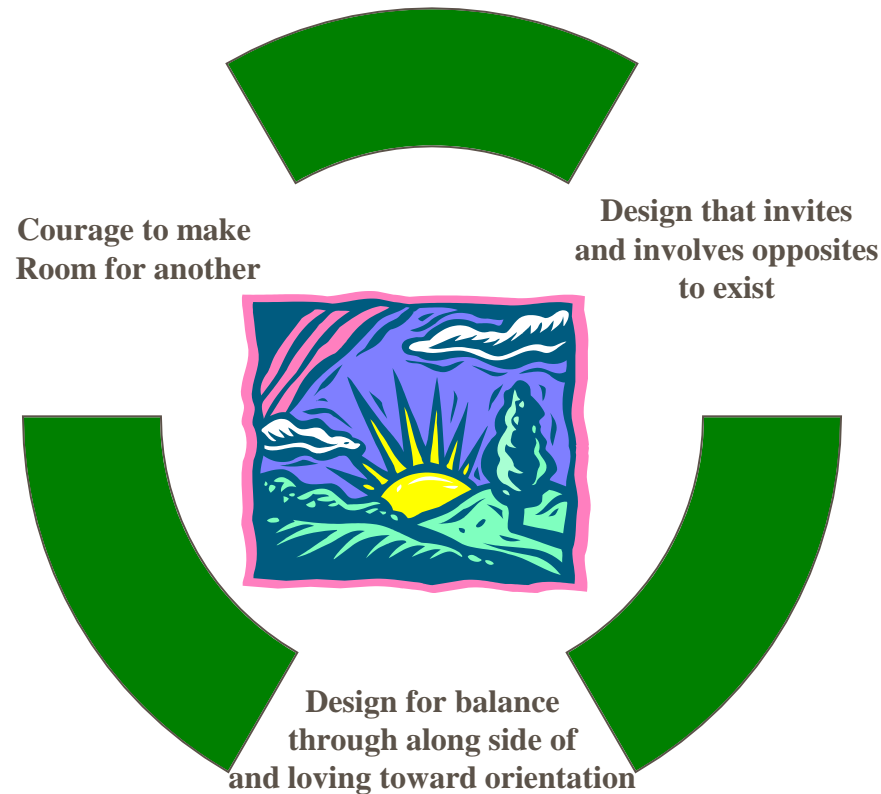
POWER AND CONTROL



- Dominance and control are major themes of power
- Preservation, Propaganda, Protection are themes of control
- Win/Lose, Right/Wrong, Strong/Weak, Good/Bad, are polarized themes that are used to justify action



THE CYCLE OF CREATION





The Burning Bush: Fire and Vegetation





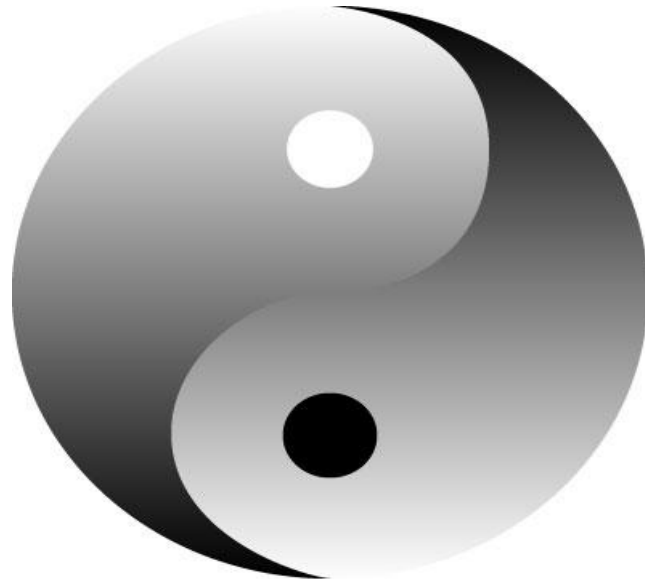
PARAKALEIN Authentic Presence

- Identity is secure - I know I cannot be more me or less me regardless of what you do or say in relation to me – control over does not increase my sense of power but my control of self does (Autonomy wins over shame)
- Integrity is secure – I am who I am - this does not justify me it demands authenticity from me toward you.
- Intimacy – I can be in a relationship with others without fear of loss or desire for gain. Control is a contained issue in relationships. .



The Parakalein of God and Clinical Practice

The Parakalein of God and the Polarizations of Humanity



Reality REFRAMED: The Power of Presence



- The physical reality of One eye (way) seeing propels polarizations, paralysis and power-control matrixes.

↓
Becomes
↓

- The spiritual reality of Two Eye (way) seeing that allows for two “I”s” to be present with equity, equality, and equifinality. The world as the “I that I am” and the world that sees you as “the you that you are”, forms a respectful acceptance of two ways of seeing that may appear contradictory but are in essence simply needing to be valued and validated .



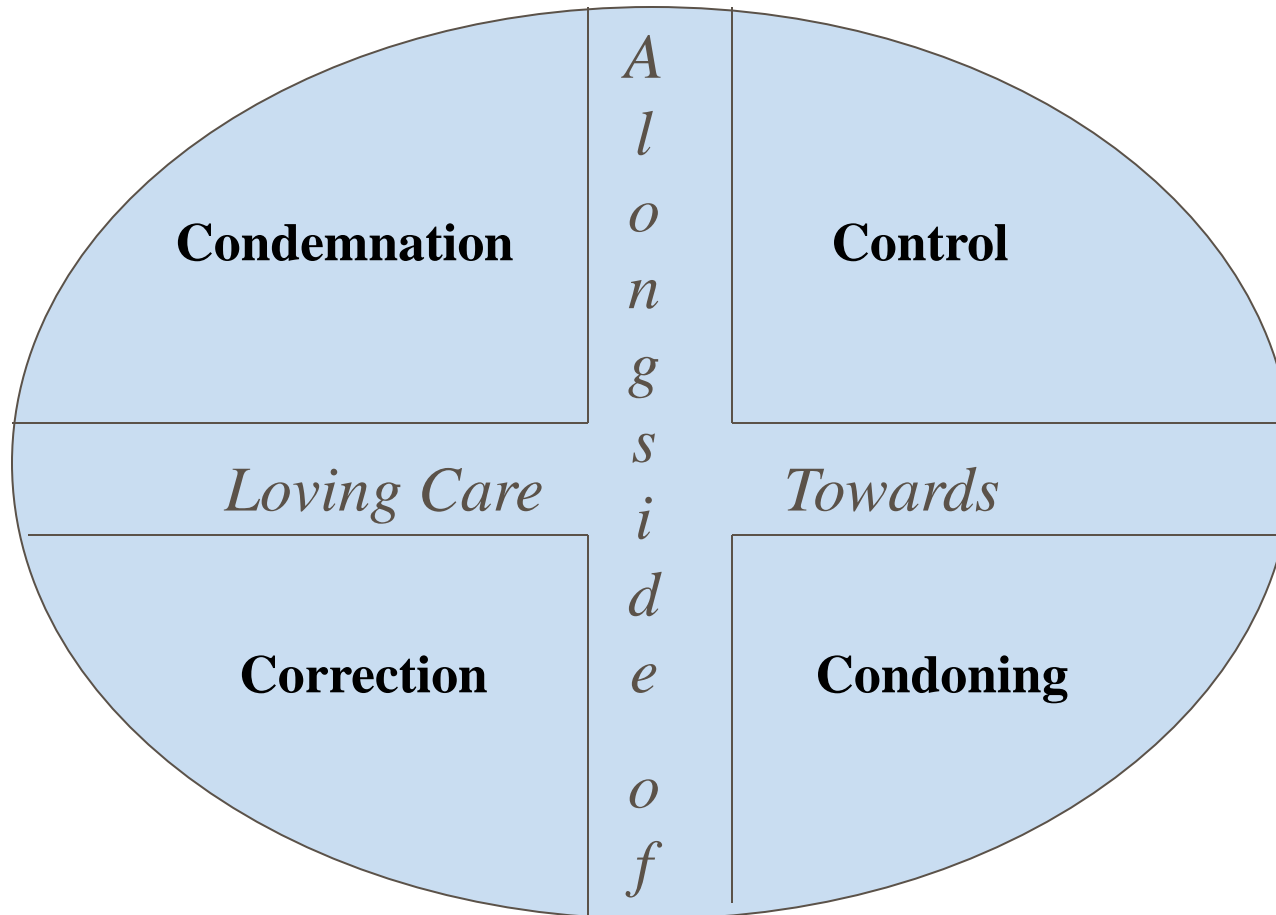
Cycle of Synergy & Coalescence



**Come alongside of all people
ideologies and beliefs with the
capacity to embrace their
meaning and value.**

**Be Loving toward all with self-
confidence calmness, creativity
and compassion**

Parakalein and the Quadrants of Polarities



Negative Attention/Intention



“That is not True”

- Deification of Self – I define truth and you are wrong
 - Devaluation of Other – Your truth and you are meaningless
-

Positive Intention/Attention



“I Receive Your Truth”

- Valuing of Others without threat to self-valuing
- Validating of Others without loss of self-validation

Albert Einstein

Teach thy tongue to say I do not know and
thou shalt have knowledge



Abraham Lincoln, 2nd Inaugural Address, March 4, 1865
on the need for healing in the world polarized by war..

**With malice toward none, with charity (love) for all,
with firmness in the right as God gives us to know the
right,**

**let us strive to finish the work that we are in
(global synergy)**

**To bind up the nations (Worlds) wounds,
to care for him (them) who shall have born the battle and
for his (their) widows and orphans (victims and villains)
to do all which may achieve and cherish
a just and lasting peace
among ourselves and all nations.**

Parakalein thinking creates



A Glass for Faith Seeing

A Window for Hope Seeing

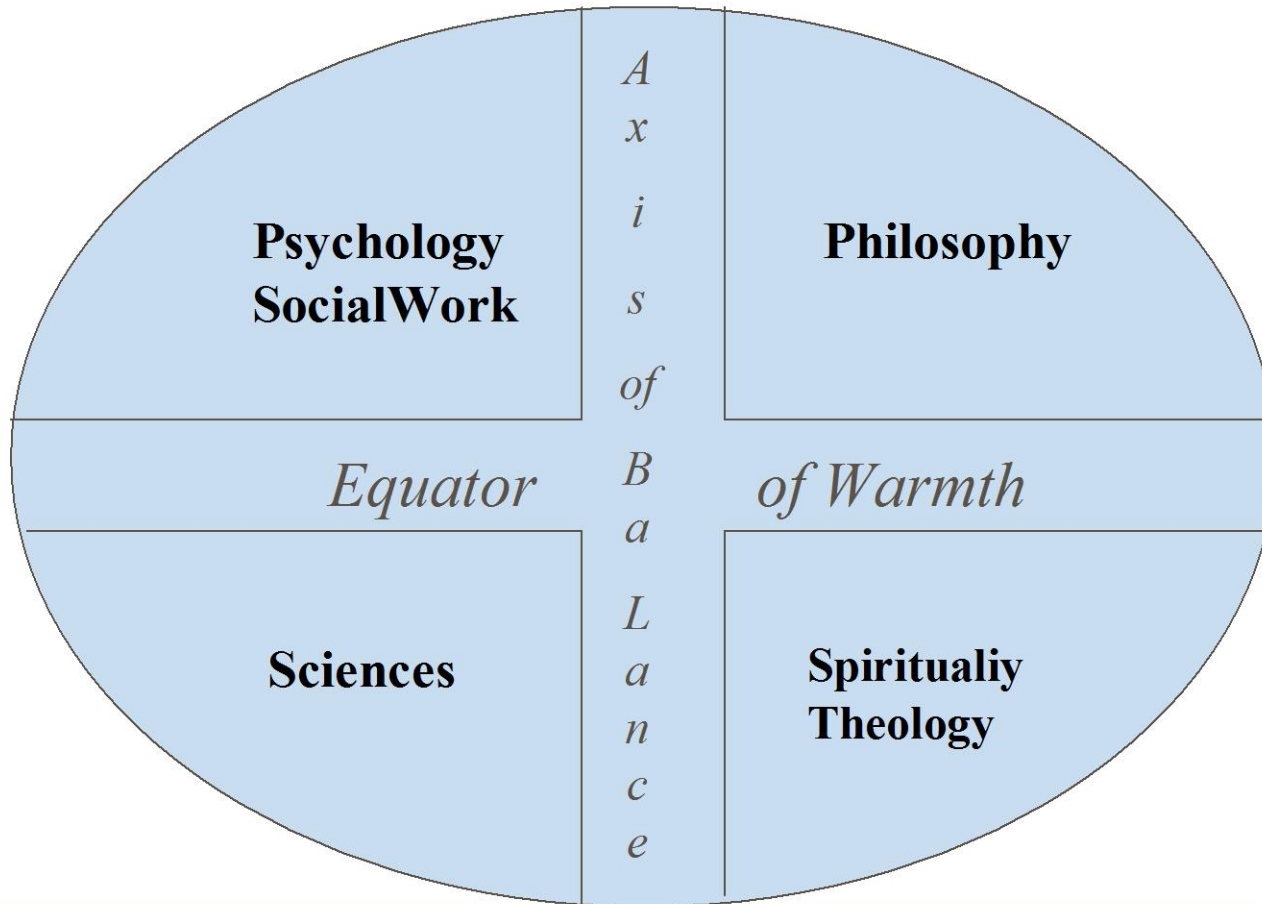
A Mirror for Love Seeing

Parakalein: Implications for Clinical Practice



- 1. Respectfulness to all ideas, coming alongside of clients without judgment and will calm, creative compassion.**
- 2. Making room for the client by providing a safe place of acceptance and positive attention to all thoughts, feelings and beliefs.**
- 3. Provides an authentic presence that is real, honest and forthright but not taking over the client's space.** All truths are welcome and all beliefs are evaluated with nurturance and love being the primary operatives for transformation.
- 4. The role of religion in therapy is shifted to valuing and validating the spiritual identity of the client and the therapist without judgment or interpretation.** It values and validates spiritual identity and integrity in self and for others.
- 5. The Power of Presence with the client replaces the presence of power in the therapist who makes room for the client's growth.** The therapist shifts the locus and focus of interventions, insights, and ideas from self to client. The locus and focus becomes about connections not corrections. Socially the therapeutic community challenges a shift from providing "correctional facilities" that correct very little to "connection facilities" that empower the client to an internal redemptive process that restores a positive sense of self.
- 6. The therapist creates and recreates a "safe place" through intentional acts and beliefs of kindness and compassion** that allow hope, meaning and value to be experienced in the internal world of the client. The release of constraint provides a calm curious presence that invites compassion, creativity and courage to emerge in natural ways from the sore of "spirit energy".

Parakalein: The Coalescence of Disciplines



The Parakalein Eye for Hope



Incidental experiences create apparent conflicts
that result in fragmentations and disconnections .

Intentional validation and valuing create essential
Synergy of coalescence
that result in catalysts for maturity and mutuality

Parakalein



The Physical reality of the sword that cuts and kills
Becomes
The Spirituality reality that surrenders
the sword of winning and losing
To
The chalice of surrender that receives and gives all.
The polarizations that paralyzes
Become
The polarizations that propel growth and connections

Unhealthy Self



- Fear of Loss
- Desire for gain
- Threatened by loss
- Threatening to gain

Healthy Self



- Confidence in self
- Courageous in self
- Unthreatened by others gain
- Unthreatening toward others