

# PARAKALEIN COUNSELING AND CONSULTATION SERVICES, INC

251 New Karner Road, Albany, New York 12205 Fax/Ph 518-452-9919  
2 Swamp Road, West Stockbridge, MA 01266 Fax/Ph 413-232-6144

Date \_\_\_\_\_ Therapist Name \_\_\_\_\_ Office Location \_\_\_\_\_

## Section I- Client Information

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Date of Birth \_\_\_\_\_ Social Security Number \_\_\_\_\_

Marital Status: (circle) Single Married Other

Gender: (circle) Male Female

Employer or School \_\_\_\_\_ (circle) Employed Full-Time Student Part-Time Student

Primary Care Physicians Name \_\_\_\_\_

Have you had previous counseling? \_\_\_\_\_ When \_\_\_\_\_ with whom \_\_\_\_\_

Has anyone in your family been seen by a counselor \_\_\_\_\_

Are you presently on medication? \_\_\_\_\_ If so, what medications? \_\_\_\_\_

Any alcohol abuse in family of origin or present family? \_\_\_\_\_

Do you ever think of committing suicide? \_\_\_\_\_

Do you presently have suicidal thoughts? \_\_\_\_\_

Contact person for emergencies name \_\_\_\_\_ Phone# \_\_\_\_\_

TARGET COMPLAINT: What is the primary concern that you would like to address in counseling?

\_\_\_\_\_

How has this concern affected: (circle 1-not a all 5-very much)

Marriage / Partner	1	2	3	4	5
Family	1	2	3	4	5
Job / School Performance	1	2	3	4	5
Friendships	1	2	3	4	5
Finances.	1	2	3	4	5
Health	1	2	3	4	5
Anxiety Levels	1	2	3	4	5
Mood	1	2	3	4	5
Sexuality	1	2	3	4	5
Eating Habits	1	2	3	4	5
Steep	1	2	3	4	5